

Steak Salad

Serves: 2

Ingredients:

8 oz. of grass fed Beef Tenderloin
10 ounces Mixed Greens
1 cup Tomatoes, diced
1 medium Cucumbers, sliced
½ can of Chick Peas
1 medium Red Onion
Salt, pepper, and garlic powder to taste

Equipment Needed:

Large bowl
Cutting board
Knife
BBQ Grill

Directions:

Add the salt, pepper and garlic powder to the steak and grill it to desired temperature.

Let the meat rest for 5-10 minutes. Slice the steak.

Combine all ingredients in a large bowl and toss with horseradish sauce. Serve & enjoy!